

Managing feelings and behaviour

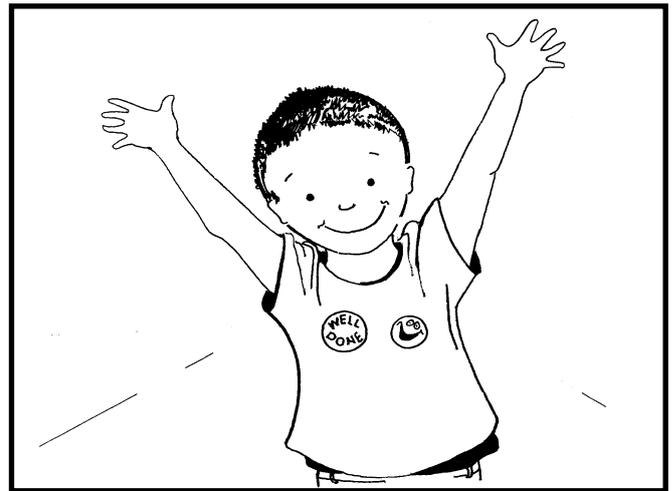


Topic Colours

Resources

- Items that are made from gold, silver and bronze
- Medals (variety of types)
- Certificates of merit

Well done



Learning objectives

- To talk about the feelings and behaviour of self and others and their consequences
- To work as part of a group, understanding and following rules and expectations adjusting behaviour to different situations
- To welcome and value praise for behaviour and achievements
- To enjoy the responsibility of carrying out specific tasks
- To describe self and others in positive terms and talk about abilities, demonstrating a sense of pride in own achievements

Notes for practitioner

- Stickers, stars and certificates of achievement are a visible sign that effort and achievement are valued.
- Anything positive can be rewarded immediately with a sticker.
- Children prefer to display stickers on their chest as a badge of achievement, so make sure that they remain stuck on, to prevent tears later!
- There should be no comparison between children to make the acquisition of stickers a competition.

- An accumulation of stickers could indicate a child's motivation to please, so ensure that your response is genuine, and the child's work or behaviour is of worth. There should be evidence to support the praise; for example, 'You helped to clean the work table', rather than, 'You have been helpful today'.
- Take note if the child responds to your praise.

What to do

Circle time

- Talk about precious metals, and why they are expensive to buy.
- Show metals – gold, silver, bronze – and comment on their colours.
- Talk about medals that are given to people. What have these people done to win the medals? (Something special.)
- Explain that the children can gain medals, or badges, for doing good work, or behaving exceptionally well, such as being helpful to the members of the group.
- Show samples of the kinds of stickers that they can be given.
- Make a certificate of merit to give once a week to older children.

Related activities

- How thoughtful (see page 69)
- Be kind (see page 70)
- Thank you (see page 71)