

21. Drop zone



Challenge

Children work in pairs to see how many times they can pass the hoop over their bodies whilst standing back-to-back.



Tip

Embracing gravity often enables the activity to be completed more quickly; careful positioning and teamwork is what counts!

Development

Race other pairings to see who can be the first to reach a target goal. Alternatively introduce a time limit for children to challenge their own total. What effect does using hoops of different sizes (and partners) have?