

Family feelings

Learning opportunities

- * Describing the thoughts and feelings of family members

Links to the Early Learning Goals

- * Personal, social and emotional development – Managing feelings and behaviour

Also

- * Communication and language – Understanding

Equipment and resources

Five paper plates; felt-tipped pens; kitchen-roll tubes; scissors; sticky tape.

Activity

Draw faces on each plate, showing happy, sad, cross, frightened and surprised expressions. Attach a kitchen-roll tube to each plate, with sticky tape, so that the plate may be held up like a mask. Gather the children together and place the plates close to the group. Invite each child in turn to choose a plate, hold it up, and say: '_____ (name of family member) makes me feel happy/sad/etc when s/he _____.'

Extension

Play the same game, this time asking each child to say: '_____ (name of family member) feels happy/sad/etc when I _____.'

Discussion

Talk about the many different reasons for people in all families to feel happy, sad or cross and think of other emotions that they might experience. Ask the children how they help a member of their family to feel better when they need cheering up. Ask the children whether other family members say 'sorry' to them, if necessary, and whether the children say 'sorry', too.

