Self-confidence and self-awareness

Did you enjoy that?







Topic Myself

Resources

- CD-ROM: '2count' from 2simple Infant Video Toolkit (2Simple Software)
- Computer with colour printer and paper
- Pictures of cartoon characters and photographs of faces showing emotions
- Glue and glue spreaders
- Scissors
- Paper



Supervise the use of scissors.

Learning objectives

- To be confident to try new experiences and activities and to say why some activities are liked more than others
- To speak confidently to others about own opinions and how people show feelings

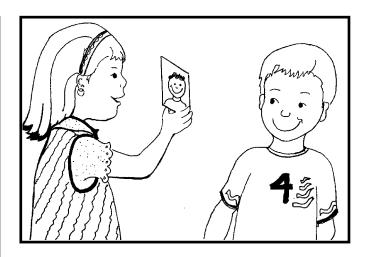
Preparation

- Do this activity after the children have encountered an activity for the first time.
- Select '2count' program.

What to do

Circle time

- Ask the children whether they enjoyed an
- Talk about children's likes and dislikes.
- Talk about how people show their feelings through facial expressions and body language. Ask the children to show that they are happy, using their faces. Talk about their expressions.
- Discuss other emotions, inviting the children to think of as many different ones



as they can. Support the learning of new vocabulary and developing language skills by introducing words such as: cross. angry, happy, sad, frightened, worried and surprised.

- Explain that they are going to play a game where the other children have to guess their
- Invite a child to make a face of her choice showing an emotion.
- Encourage the class to guess the emotion.

Art activity

- Show pictures and photographs of people and cartoon characters demonstrating emotions.
- Ask the children to sort the pictures into those that are sad, and those that are happy, and make a collage.

Extension/variation

Computer activity

Make a graph of feelings, showing 'Today I feel ...', using '2count'.

Links to home

- Ask parents to talk about feelings.
- Ask parents to donate unwanted comics and colour magazines.

Related activities

- Angry (see page 48)
- This is me (see page 80)