

Chopstick challenge

Resources

Chopsticks or tweezers; small objects (buttons, beads, erasers, small world toys); pots; sand timer

Group size

Small groups

Activity

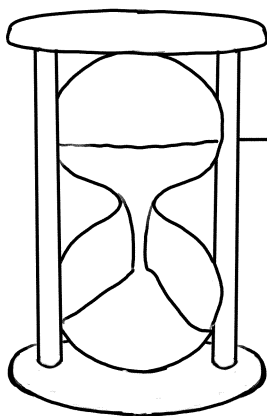
- ◆ Lay out some small objects on a flat surface.
- ◆ Give each child a small pot and some chopsticks or tweezers.
- ◆ Show children how to use the chopsticks using a tripod grip.
- ◆ Explain to children that you are going to give them a challenge. The challenge is to pick up as many items as they can using the chopsticks before the sand timer finishes.
- ◆ Start the sand timer. Help the children to hold the chopsticks correctly.
- ◆ Count how many items each child has collected.

Learning objectives

- ◆ Fine motor skills while handling equipment and tools
- ◆ Control and hand–eye coordination in small movements
- ◆ Concentration and responding to and following instructions
- ◆ Counting skills

Extensions

- ◆ Cook some noodles and ask children to try to eat them using the chopsticks.
- ◆ Put glue onto a picture and then sprinkle on some glitter or sand using a finger–thumb grip.
- ◆ Thread beads onto laces.
- ◆ Draw pictures or patterns using different tools, such as chalk, cotton buds, feathers.



Links to the Early Learning Goals

- ◆ Physical development: Moving and handling
- ◆ Communication and language: Understanding
- ◆ Mathematics: Numbers