

What Qualities Do You Value?

Aim:

To explore the personal qualities that the children value.

Explain that people have different qualities. For example, some people are patient, while others are impatient. Some people are quick-tempered, while others are calm. These personal qualities can be divided into positive qualities and negative qualities. Encourage the children in pairs to identify one or two positive qualities that their partner has. Then, list the qualities on the board.

Ask the children to suggest other personal qualities that they look for in a friend and add them to the list on the board. Prompt them, as necessary, to include the following qualities:

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|-----------------|--------------|----------------|-----------------|
| carefulness | cheerfulness | consideration | compassion |
| courtesy | common sense | determination | earnestness |
| enthusiasm | fairness | generosity | honesty |
| sense of humour | intelligence | initiative | loyalty |
| patience | reliability | respectfulness | trustworthiness |

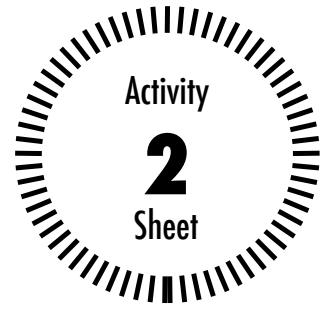
Hand out copies of **Activity Sheet 2 – The Qualities I Value** and encourage individuals to draw up a values pyramid, putting the qualities that they value most at the top of the pyramid and those they think are less important at the bottom.

Share their completed pyramids in a class discussion and agree a class pyramid of *The Qualities We Value*.

Extension Activity

As an extension activity you can ask pairs to make a list of what they consider to be negative qualities and then to share their lists in a class discussion. Prompt them as necessary to include qualities such as selfishness, intolerance, dishonesty, meanness, unreliability.

The Qualities I Value



What are the personal qualities that you value most?

Study the list on the board and make a values pyramid by ranking the qualities in order of importance starting with the most important at the top.

